

Celebrating Refugee Week

We kicked off Refugee Week with the launch of our cross-campus video "Celebrating the Year of Welcome." You can view it on our Facebook page or in the News section of our website.

For more, visit page 5

Gold in online learning!

During our Week 7 Year Assemblies we acknowledged those students who demonstrated excellent engagement in learning during the learning from home period.

For more photos, visit our website gallery.

We want your feedback!

We are asking parents, carers and students to share their feedback on our recent learning from home experience. The student survey was inboxed to students via Canvas and the parent survey is available on our website.

For more, visit page 4.

Principal's Update

By Ms Hayley Macdonald, Principal

We are excited by the announcement of the continued easing of COVID-19 restrictions. Starting this week, we are recommencing our morning assemblies and lunchtime activities. Further activities will recommence from the start of Term 3. A letter was sent to families with all the details.

Our Positive Behaviour for Learning Team are taking advantage of the return of assemblies to refocus students on our school values and how these translate in terms of behaviours around the school. We are also preparing for our Week 9 Commendation Awards where we will recognise students who have most successfully re-engaged in on-campus learning.

Thank you to all the families who have taken the time to complete our current feedback surveys. Your input will help inform our 2021 School Plan and assist us to incorporate the best of the learning from home experience going forward. We really look forward to hearing from more of you. You can still access the parent and carer survey on our website, or contact our Administration Office to get a printed copy.

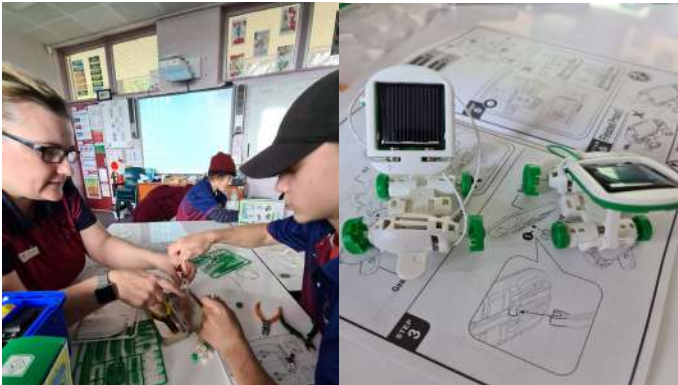
Our teachers are busily preparing our Semester 1 Reports which will be sent to families on Friday Week 2 Term 3. This will be a simplified version of the report you normally receive due to the interruptions in student learning caused by COVID-19. If you have concerns about your child's learning progress, we encourage you to make contact with your child's classroom teachers.

Enjoy the last few weeks of Term everyone!

Out & about in the classroom

A snapshot of learning back in the classroom

While we still can't engage in excursions and Community Access activities, we are loving the return to face to face learning in the classroom. Here's a snapshot of what's been happening in our classrooms over the last couple of weeks.



Students in our Tutorial Centre have been building solar cars and learning drone programming.



In lieu of their Semester 1 community showcase, students from our Year 9 and 10 PPP electives are making documentaries about their personal interest projects. These will be shared with families later in the year.



Year 7 students participate in a STEM challenge with Lego Masters' "The Brickman." The challenge: to build the tallest tower possible in just 20 minutes. Roward, Oliver, Sawyer, Sebastian and Henry took out the title at Waratah with a tower measuring 182cm.



Students have a go at being the teacher in Year 7 Maths by recording themselves teaching their peers a new Maths skill.



There has been plenty of variety in Special Education with ice-cream making, learning the 1 metre rule and sewing roll up pencil cases.



Healthy, safe and active

With our current world focus on public health, we thought it was timely to put the spotlight on our Physical Development, Health and Physical Education (PDHPE) Faculty in this newsletter. We talk with Head Teacher, Mick Derry.

Why is PDHPE such an important subject area?

The COVID-19 crisis has highlighted on a large scale the importance of listening to expert health advice and adapting our behaviours accordingly to safeguard the health and wellbeing of ourselves and others. That's what PDHPE is all about - teaching students how to make informed decisions about topics and issues that will affect their health and wellbeing now and in the future.

It's also about developing the knowledge, understanding and skills important for building respectful relationships, enhancing personal strengths, exploring personal identity, making healthy choices and managing challenges and change.

Students also learn the value of movement and develop confidence and competence to engage in lifelong physical activity.

Is PDHPE the same as Sport?

There is a common misperception that PDHPE is Sport. Sport is completely separate from PDHPE and is done on a weekly basis during student's allocated Sport periods.

There is a 50/50 split between theory and practical lessons in PDHPE, much like Science. The content students learn is broken into three content strands - Health, Wellbeing and Relationships; Healthy, Safe and Active Lifestyles; as well as Movement and Performance. Our focus is to contribute significantly to the cognitive, social, emotional and physical development of students.

What does a typical day look like for a PDHPE teacher?

It's full on and there's always loads of variety! You might be teaching a practical lesson, followed by a theory lesson, running sport, then a breaktime sport competition at recess or lunch, more classes in the afternoon and then organising for students to go to a representative sport event or excursion. During COVID-19 restrictions, we're also responsible for implementing the department's recommended hygiene guidelines for PDHPE and weekly sport, including cleaning down balls and other sports equipment and getting kids to hand sanitise before and after each lesson.

What tips do you have to help motivate teens to get physically active?

Being physically active is the key to success in all subjects, not just PDHPE. In addition to the well known health benefits, physical activity is great for improving concentration and memory, learning new skills, reducing stress and increasing self confidence. During this period when many after school and weekend sport activities are unavailable to students, you can encourage them to try out the physical challenges we've added to [Canvas](#). There's heaps to choose from and you get House points for participating!

What do students need to do to excel in PDHPE?

To excel in PDHPE you need to participate actively in all practical lessons, regardless of the activity and your ability level. You also need to have self management, interpersonal, as well as movement skills that you can adapt to a variety of contexts. You also need to develop your knowledge and understanding of the many different topics covered in our subject.



BYOD: We are continuing to use devices in classrooms to aid and extend learning, so please encourage your child to bring a device to school if they have one.



National Sorry Day & Reconciliation Week

On the 26th May, National Sorry Day, our school community acknowledged the mistreatment of Aboriginal and Torres Strait Islander people who were forcibly removed from their families and communities, which we now know as 'The Stolen Generations'.

Teachers and students reflected on and shared about what the day means to them:

"On National Sorry Day I think about all the things we can do to heal the mistakes of the past. Together, I know we can continue to do those things that will help - listening, sharing, learning, respecting and valuing one of the oldest cultures in the world," shared Ms Macdonald.

The 27th May marked the beginning of National Reconciliation Week and across our College we participated in activities to celebrate, share and educate our students about the importance of this week.

Here at Waratah Campus, we held a special Assembly, discussed the history changing events of the Mabo decision and the 67 Referendum and continued our daily work in collectively building a school community that values Aboriginal and Torres Strait Islander people, histories and cultures.

We acknowledge all of our outstanding Aboriginal teachers, students, support teams and the broader community who generously share their journeys, histories and culture with our school.



To view our Sorry Day video visit:
<https://bcove.video/3hskQoR>



Parent, carer and student surveys open

With everyone settling back into school on campus again, we would like to invite our students, parents and carers to give us some feedback on our recent experience of learning from home.

We are also asking for your opinion on what is important to you for Callaghan's 2021 School Plan.

Our whole school community has been through a period of incredible change and innovation and we would love to capture feedback from our families to inform our future planning.

As the largest Public Education community in Newcastle, let's create a plan that makes the most of our College structure and brings out the best in all our students.

Access the parent/carer survey on our website or visit:
<https://bit.ly/30ntz5B>
Please contact our Administration Office if you require a printed copy.

The student survey was inboxed to every student via Canvas.

Everyone is welcome at Callaghan College



This week is Refugee Week, a time to honour the positive contributions made by refugees to Australian society and learn about the challenges faced by refugees coming to Australia. It is also an opportunity for us to focus on how we as a school community can provide a safe and welcoming environment to all our students and families.



At Waratah Campus we started the week with our themed Assembly and launch of our cross-campus video "Celebrating the Year of Welcome." Throughout the week there'll be other activities including the kindness wall in our Library, a Zoom Q&A with guest speaker, slam poet, writer and student, Hani Abdile (bottom right), and the sale of our Taste of Harmony recipe book (\$5 from our Administration Office).



Brekky Club is Back (in a modified form)!



Students are all smiles with Brekky Club returning. Ms Marcelle has been serving hot toast with vegemite, honey and jam, a welcome treat on these cold winter mornings. Kicking off the day with breakfast makes a big difference to concentration in the classroom.

A huge thank you to Craig and the team from Bakers Delight Waratah Village for supporting our school by donating bread daily.



Forming new habits from our experience of isolation

Extract adapted from an article by Assoc. Prof. Terry Bowles from the University of Melbourne

The COVID-19 experience will have taught people different things, but for almost all of us it has shown that we can quickly change our daily routines.

Some of us slept more, watched more TV, played more games or engaged more on social media. Some cooked more, engaged more with those they live with, found creative ways to exercise and work from home and spent less time in cars. What about you?

As restrictions continue to be lifted we have the opportunity to ask some important questions around improving health and wellbeing for ourselves and those around us:

- What am I now doing that I want to continue doing?
- What behaviours did I take up in isolation that I now want to stop?
- What behaviours did I stop during isolation that I'm proud of?

Research shows that it takes between 30 to 60 days to establish a new habit or to stop a bad habit, intentionally or coincidentally. That means the new things we have been doing will be easy to keep doing, if they are good for us.



With a little bit of reflection, planning and action we can come out of the COVID-19 experience with a more adaptive mindset. This will help us to buffer the shock of new challenges and increase our sense of control over our lives, and allow us to directly focus on life's opportunities and possibilities.

This won't always be easy, especially if you have lost work, income and stability during this time. If your family is in need of some additional support at the moment, please contact our Wellbeing Team or make an appointment to see one of our School Counsellors.

Call the school Administration Office first to make an appointment.

Shout out to our cleaners on World Cleaners Day



We always knew our cleaners played a vital role in our schools, and the last few months have shown us just how important they are! They've worked extra hours to keep all our high touch areas clean and ensured a constant supply of hand sanitisers and soaps in all our classrooms.

Thank you to Sylvia, Raylene, Tase and Savina for all that you do for us here at Waratah Campus.

Monday 15 June was World Cleaners Day, a day to show appreciation for those who work tirelessly to ensure our schools are kept clean and safe.

Are you up for the Canvas Sports Challenge?

To support all our students stay active during COVID-19 restrictions, we developed a sport section on Canvas with loads of sport challenges focused on building strength, agility, coordination and power. There's something for everyone and students earn House points for each challenge they submit via Discussion on Canvas. With the continued cancellation of CHS Sport for Term 3, these challenges will have a big impact in determining our winning Sport House and student sport award recipients this year.

The House points tally currently sees the Devils in 4th place, Vipers in 3rd, Tigers in 2nd and the Sharks in the lead. There's also some stand out individual performers in these challenges - Paddy (Year 8), Amie (Yr 8), Bryce (Yr 9), Bailey (Yr 10), Miranda (Yr 10) and Tayla (Yr 10). All challengers will compete in a competition in Term 3 for an additional 4 points. Enter via Discussion on Canvas by Monday 20 June at 3pm. Challenges will remain open until Sunday 11 October at 12pm.



Some of our Canvas Sport Challenge high performers - Bryce F-R. (Yr 9), Amie S. (Yr 8) and Bailey S. (Yr 10)

The Year 9 team "Just Hit It" is leading the Breaktime Badminton competition going undefeated into Round 5 of 13. Competition is tight with 3 teams sitting on only 1 loss, including our PDHPE Faculty team - "We Put the Bad in Mitton." The competition is handicapped based on the year group of the team and staff teams start on zero points. Student volunteers are doing a superb job at umpiring and scoring. The Breaktime soccer competition will resume once Badminton is completed.



All term 3 2020 NSWCHSSA activities are now cancelled and will not be rescheduled.

A full list of cancelled events is available on the department's [School Sport website](#). The health and wellbeing of everyone involved is paramount and at the heart of this decision. We thank you for your understanding during this time.

Year 10 Transition

Last week Jesmond Senior Campus hosted online the Course Selection Expo for Year 10 students from both Waratah and Wallsend Campuses.

As part of the Year 10 Transition Program, 20 classes participated in live Zoom conferences on transitioning to the Senior Campus, and then had access to information on the 48 courses available to choose from for 2022 HSC. This information is now available on Canvas for students to revisit, before making their choices over the coming months.

The virtual launch included many familiar Waratah faces, including Tyran Gersbach (who did the Acknowledgement of Country) and Blayne Griffin, current Jesmond Senior Campus Captain (and former Captain of Waratah Campus).

A number of staff were involved including Principal of Jesmond Senior Campus, Mr Macey, Mr Ostermann, Ms Owen and Year Advisors, Ms Jones and Ms Scott (previous HSIE teacher from our campus).

Year 10 students are now making important decisions around selecting courses for HSC 2022 with the online course selection now opened online on Canvas (from Monday 15 June).

Parents interested in knowing more will be able to access the video of the virtual launch and view the online courses on Canvas. Year 10 parents will receive more information on this via email.

Any questions? Talk to Careers Advisor, Ms Grieve, Stage 5 Deputy, Ms Avard or your classroom teachers. Or you can contact Mr Ostermann (pictured below) at Jesmond Senior Campus.



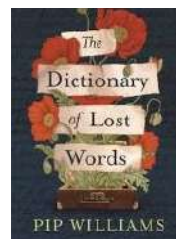
Library News

Premier's Reading Challenge

The Premier's Reading Challenge rules have been updated so you can now read 10 free choice books. For more details visit the [Premier's Reading Challenge student site](#).

New Titles

We have a continuing stream of new titles ready for borrowing. If you have a new book request, please let our librarian know.



Refugee Week Activities

We encourage you to add to our Kindness Wall and check out the books in our Refugee Book Display.



Administration Office FAQs

Q. Need to update your contact details?

A. If your contact details have changed, please notify us by completing and returning a new update of [student records form](#). Most of our school communication to you is done initially via your nominated primary email address, so it's essential you keep this up to date.

Q. What's happened to school photos?

A. The photography company has been impacted by COVID-19 and are running behind with their processing. We are continuing to chase them and will keep you posted.