

PASS – GENERAL

FACULTY
PDHPE

CHARGE
\$30

Learning resources

HOURS
200

Board endorsed

This course is for students who love being active and who want to learn with others that are passionate about sport. Students will have opportunities to develop their movement skills, analyse movement performance and assist the performance of others.

Students will be personally challenged both in theory and in practical lessons in a wide range of sport applications, fitness development and coaching. They will also explore diverse issues related to sport. This course requires positive interaction with others, in both collaborative and competitive situations and will develop key skills for success in sport beyond the classroom.

Students can expect to:

- explore a range of topics including Applied Anatomy, Fitness Analysis, Sports Coaching, Nutrition for Performance; Catering For Diversity in Physical Activity and Australia's Sporting Identity.
- participate in range of sports inclusive of but not limited to; tennis, AFL, gridiron, lacrosse, lawn bowls, ultimate frisbee and speedball.

STAGE 6 SUBJECT SELECTION

PDHPE
Sport
Lifestyle and Recreation
Sports Coaching

HIGHER EDUCATION

Physiotherapist
Exercise Physiologist
Performance Analyst
Sport Scientist
Biomechanist

CAREER OPPORTUNITIES

Personal Trainer
Sports Coach
Fitness Consultant
Sports Marketer
Strength and Conditioning
Coach
Sports Administrator
Sport Development