

PASS – GENERAL

FACULTY

PDHPE

CHARGE

\$30

Learning resources
(excursions additional)

HOURS

200

Board Endorsed

Get ready for a course designed for active students who thrive on sports and teamwork.

You'll join a community of like-minded peers passionate about sports, where you'll enhance your movement skills, analyse performance, and support others in their athletic endeavours.

Throughout the course, you'll face personal challenges in both theory and practical lessons on a wide array of sports, fitness training, and coaching. You'll delve into diverse topics such as Applied Anatomy, Fitness Analysis, Sports Coaching, Issues in sport, Nutrition for Performance, and the cultural identity of Australian Sports.

Expect a dynamic curriculum that includes sports like tennis, AFL, gridiron, lacrosse, lawn bowls, ultimate frisbee, and speedball. This course isn't just about learning in the classroom—it's about developing essential skills for success in sports through positive interactions in collaborative and competitive settings.

STAGE 6 SUBJECT SELECTION

Health and Movement
Science, Sport, Lifestyle and
Recreation Studies (SLR):
Sports Coaching Cert II

HIGHER EDUCATION

Sport Coaching
Health Sport and Physical
Education
Exercise and Sport Sciences

CAREER OPPORTUNITIES

Personal Trainer, Sports
Coach, Sport and Recreation
Officer, Physiotherapist,
Sports Scientist, Sports
Administrator